



Pre-start information.

Event center: Kuldīga athletics arena, Dzirnavu street 13, Kuldīga, Kuldīga region.

Coordinates: GPS 56.965653, 21.965269

Entrance to the competition center with a valid COVID 19 vaccination or disease certificate ONLY, except children under 12.

Map: Scale: 1:20 000; H: 2 m
Size: A2 (42.0 x59.4 cm); 48 Points value from 3-8. Total value of points:163.
All maps will be waterproof

Competition area:

The area has urban and rural areas, ditches, beautiful boreal forests, wide clearings of various ages, a wide network of forest roads and trails, many bogs, many nature reserves. Venta River, Riežupe, other water reservoirs, the crossing of which is prohibited. There are several high-traffic highways in the area. New cuts may not appear on the map.

The Nature Protection Board informs that rogaining takes place partly in specially protected nature territories - Venta Nature Park and Riežupe Nature Park, where movement along roads and trails is recommended.

Do not leave used gels, food packaging or other household waste at a distance! Traffic is not restricted during the competition, so participants are responsible for compliance with traffic safety regulations.

According to the request of the Nature Protection Board, there is no checkpoint with the number 78 in Nature, which, after printing the map, has been deleted both on the map and in the legends.

Prohibited areas:

Prohibited areas, i.e. territories, which are not allowed to overpass, are marked in with a **red hatching** (closed area of nature reserve) or areas which are not allowed to overpass, if there is not a road through the area which is marked on the map, are in **olive green colour**.

It is forbidden to cross cultivated fields, crops and areas, which are limited by fences and electric farms. Such areas may not be specified on the map.

Do not dispose of gauze, food wrap or other household waste!

There are several highways in the territory with average traffic intensity. During the competition, traffic is not limited, so the participants themselves are responsible for complying with traffic safety regulations.

There is 1 drinking points in the competition area, which will include water (cold), hot tea, traditional and vegetarian snacks (dried, sugared fruits, bread, pickled cucumbers, etc). Drinking points in nature indicate a tent with orienteering prisms and appropriate arrangements.

Event centre: Please park the cars following organiser's rules;

The competition center is located on the premises.

Before entering the competition center, any person (except children under the age of 11) must present the COVID 19 certificate of illness or full vaccination and an identity document. After receiving the confirmation of the certificate's compliance with the requirements, the participant will be wrapped around a wristband of a certain color, which must be worn throughout the competition and presented to the organizers if requested. It is mandatory to use a face mask during the stay at the competition center (except during meals). Please observe a safe distance of 2 m from other people in the premises, wash your hands and use disinfectants!

Extra: All team members arrive at the registration and receive the envelope at the same time. After registration participants get team envelope with souvenirs for every team member, numbers, safety pins, SI card holders, SIAC.

There is one set of maps for the whole team. One team member receives the whole set for one's team (after registration only). Set of maps include: Map for each member of team plus extra map for planning.

The team has to read its result till the closing time of corresponding finish.

Protests about the race results will be received in 30 minutes time after the closing of the corresponding finish.

Participants put on SI cards by themselves. See following pictures:



SI bracelets are waterproof.

Before going in start zone:

- 1) SIAC cards clear at the CLEAR station.
- 2) When entering in the start zone, present the bracelet of the competitor and SIAC Air attached to the hand, and make the CHECK mark in the start zone.

Mass start after the start signal at 11:00;

Checkpoints will be set on contactless mode (0,3 m (30 cm) from station)!

Attention: It is possible that the first participant must “wake up” checkpoints at the forest for activating the contactless mode. All members of one team must check-in at the checkpoint during a time of 1 (one) minute.

Clothing with reflective elements and a light lamp are MANDATORY for each participant of the 6h distance. 4h and 3h participants - preferably clothing with reflective elements.

If there is an emergency situation while still in the distance, call:

112 Rescue Service

113 Emergency medical assistance

+371 29267142 Organizer's help telephone

Good luck in the distance!